

INSTRUCTIONS FOR THE DAY OF YOUR EMG Uppers or Lower or both

- **Please do not wear lotion or Jewelery on your hands or feet**
- **Please wear loose clothing so your arms and/or legs can be easily accessed.**

***Short sleeve shirt**

***Loose pant legs**

***Shorts**

***Skirt**

****Shoes will be removed for lower extremity tests.**

Facility Locations:

University Spine Institute - Office
25405 Hancock Ave, #110
Murrieta, CA 92562
(951)894-5000

***If you have PPO insurance, you will be responsible for your co-insurance and deductible.**